

## Being A Character Psychoanalysis And Self Experience Paperback

The Self in Transformation Self-hatred in Psychoanalysis A Fresh Look at Psychoanalysis Psychoanal Theory Ther Self Being a Character Self Psychology The Self And Personality Structure Sartre and Psychoanalysis Underlying Assumptions in Psychoanalytic Schools Psyche, Self and Soul The Psychoanalytic Review The Relational Self Self Psychology Addiction, Accommodation, and Vulnerability in Psychoanalysis Empathic Attunement The Crisis of the Self in the Age of Information The Analysis of the Self Self and Liberation The Designed Self Treating the Self Herbert Fingarette Jill Savege Scharff Arnold I. Goldberg Harry Guntrip Christopher Bollas Jill Gardner Paul Brinich Betty Cannon Bernd Huppertz Gerald Gargiulo Rebecca C. Curtis Douglas Detrick Darren Haber Crayton Rowe Jr. Raymond Barglow Heinz Kohut Daniel J. Meckel Carlo Strenger Ernest S. Wolf

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in this book the authors deal with the tenacity of the persecutory object integrating object relations and kleinian theories in a way of working with persecutory states of mind

goldberg uses the questions posed by self psychology as point of entry to a thoughtful consideration of issues with which every clinician wrestles the scientific status analysis the relationships among its competing theories the role of empathy in analytic method and the place of the self in the analyst s explanatory strategies clinical chapters show how the notion of the self can provide organizing insights into little appreciated character structures

dr guntrip concerns himself specifically with the self and its interpersonal and object relations through the work of freud sullivan erikson horney and other theorists he thoroughly explores the origin and development of the psychoanalytic theory and its relevance and application to modern therapeutic methods

each person invests many of the objects in his life with his or her own unconscious meaning each person subsequently voyages through an environment that constantly evokes the self s psychic history taking freud s model of dreamwork as a model for all unconscious thinking christopher bollas argues that we dreamwork ourselves into becoming who we are and illustrates how the analyst and the patient use such unconscious processes to develop new psychic structures that the patient can use to alter his or her self experience building on this foundation he goes on to describe some very special forms of self experience including the tragic madness of women cutting themselves the experience of a cruising homosexual in bars and bathes and the demented ferocity of the facist state of mind an original interpreter of classical theory and clinical issues in being a character christopher bollas takes the reader into the very texture of the psychoanalytic process

this book offers an in depth explanation of the concepts of self psychology and pragmatic steps for recognizing and using these concepts in clinical work helping clinicians move from theory to practice both early and contemporary concepts in self psychology and intersubjectivity theory are discussed in successive chapters of the book with illustrative examples drawn from the author s experience working in diverse settings with a wide range of mental health practitioners individual chapters shed light on brief treatment supervision interpretation development agency and nuances of empathic communication among other topics in addressing these topics specific tools for conceptualizing clinical data and guidelines for intervention are also described the emphasis on helping people via a sustained focus on

their internal subjective experience and creating a new selfobject bond with the therapist unifies the chapters in this volume with its rich clinical vignettes and accessible language self psychology moving from theory to practice is also a valuable resource for supervisors and teachers of self psychology whether in analytic training institutes graduate schools of psychology counseling and social work or continuing education programs

what is the self and its relationship to personality theories how do the central schools of psychotherapy conceptualize the self the self is a notoriously difficult and at times obscure concept that underpins and guides much psychotherapy theory and practice the corollary concept of personality is fundamentally linked to the concept of the self and has provided theorists and researchers in psychology with a more coherent set of principles with which to explicate the personal and attributional aspects of the self the authors come from two quite separate schools of depth psychology psychoanalytic and adlerian and provide an overview of the self and how it is conceptualized across the psychotherapies within various theories of personality in addition to outlining some of the philosophical and historical issues surrounding the notion of selfhood the authors examine classical and developmental models of psychoanalytic thought that implicitly point to the idea of self the authors also outline kohut s psychoanalytic self psychology in addition to adlerian and other post freudian jungian and post jungian cognitive humanistic and existential contributions to the self and personality structure

betty cannon is the first to explore the implications of sartrean philosophy for the freudian psychoanalytic tradition drawing upon sartre s work as well as her own experiences as a practicing therapist she shows that sartre was a fellow traveler who appreciated freud s psychoanalytic achievements but rebelled against the determinism of his metatheory the mind sartre argued cannot be reduced to a collection of drives and structures nor is it enslaved to its past as freud s work suggested sartre advocated an existentialist psychoanalysis based on human freedom and the self s ability to reshape its own meaning and value through the sartrean approach cannon offers a resolution to the crisis in psychoanalytic metatheory created by the current emphasis on relational needs by comparing sartre with freud and influential post freudians like melanie klein otto kernber margaret mahler d w winnicott heinz kohut harry stack sullivan and jacques lacan she demonstrates why the sartrean model transcends the limitations of traditional freudian metatheory in the process she adds a new dimension to our understanding of sartre and his place in twentieth century philosophy

this book offers a comparative study of the major schools of psychoanalysis by exploring their historical development their differences and similarities and the underlying assumptions made by each encompassing the expertise of colleagues from different schools of psychoanalytic thought each chapter explores a particular perspective defining specific theoretical assumptions theories of etiology and implications for technique as well as providing each author s view on the historical development of key psychoanalytic concepts with contributions from leading authors in the field and covering both historical and international schools the book provides an enlightening account that will prove essential to psychoanalytic practitioners and students of psychoanalysis and the history of medicine

psyche self and soul is a many faceted exploration of the relationship of psychotherapy and spirituality introducing the term an everyday transcendence gargiulo studies the silent alone space of each individual and relates a psychoanalytic exploration to a spiritual journey calling on the thought of philosophers theologians scientists and analysts the text gives a new framework for understanding psychoanalysis and spirituality grounded in the here and now as well as a psychoanalysis that respects mystery justice and civility the clinical cases demonstrate how each patient s task must be understood as individualized and consequently how the analyst therapist must creatively adapt clinical technique d w winnicott s thoughts are applied throughout the text and are given a comprehensive summary in the final chapters

in recent years the traditional psychoanalytic view of the self as an autonomous entity has been shifting to a more relational perspective this evolution from a solely intrapsychic stance brings psychoanalysis closer to the viewpoint of social psychology formerly a highly divergent discipline bridging these different literatures the relational self describes the extent and meaning of these convergences the book is divided into four sections the first two examine current perspectives from psychoanalytic self psychology and social psychology and the latter two present an integration of psychoanalytic and social personality approaches part one reviews the psychoanalytic theories of character structure that focus upon identity maintenance self esteem regulation and resistance to change also presented is an interactional view of the self that explores the intersubjective context of intrapsychic experience part two shifts from the largely unconscious intrapsychic self to the self as affected by situational variables considered here are the relationship between self image and attitudes the social categories deemed by people as important to their identity and the effects of physical relocation upon self concept change part

three presents a theory of the self with separate rational and experiential processing systems and also explores cultural influences on the self from a psychoanalytic vantage point part four considers psychotherapy self verification and self concept change including self defeating behavior and self consistency striving the avoidance of self awareness self evaluation maintenance and self with other representations bringing together the work of leading theorists in social psychoanalytic and personality psychology on the interaction of self organization with the social and physical environment the relational self fosters a better understanding of both situational and dispositional variables and a deeper appreciation of the changing theoretical sense of a relational self as the ultimate stage of development

this collection of comparisons and contrasts explores heinz kohut s self psychology in relation to a wide ranging group of modern thinkers both inside and outside of analysis separate sections analyze self psychology alongside freud and the first generation of psychoanalytic dissidents british object relations theorists and contemporary theorists like kernberg mahler lacan and masterson

this book explores the compulsions and trauma that underlie addiction using an intersubjective approach in seeking to understand the inspirations and challenges arising from the psychoanalytic treatment of addiction compulsivity and related dissociative conditions drawing on insights from his own analytic practice and personal experience in addition to the work of stolorow brandchaft and winnicott among others haber considers the complex ways in which addiction becomes woven into a person s life and analyses how it interacts with other problems such as depression and anxiety self fragmentation and ambivalence about treatment haber creatively integrates the work of camus kafka and beckett to further contemplate the dilemmas that can arise during the clinical process and in identifying his own and his patients vulnerabilities and contradictions provides an honest humorous and sometimes painful account of what happens in the consulting room with its use of rich clinical material and an accessible and vivid writing style this book will appeal to all psychoanalysts and psychotherapists working with patients affected by addiction as well as other professionals seeking new insights into effective strategies for treating this most challenging malady

empathic attunement captures the essence of kohut s contributions to self psychology and the mental health field straightforward accurate and practical the authors introduce student and experienced clinician alike to the synthesis of kohut s major concepts and their clinical

applications the authors highlight kohut s emphasis on the empathic mode of data gathering from within the patient s experiences kohut considers empathy the capacity to think and feel oneself into the inner life of another person to be the major tool of therapy

this text draws on the experiences hopes and dreams of computer users to explore the personal psychological and philosophical implications for a post industrial information technology led society

heinz kohut challenged freudian orthodoxy the medical control of psychoanalysis this volume offers his analysis of narcissism

a collection of essays on two important sources of spiritual and psychological insight includes jung s essays on buddhism and his correspondence with buddhist zen master shin ichi hisamatsu

what can contemporary psychoanalysis bring to the understanding of generation x a cohort for whom the trivialization of a dizzying array of possible experiences teamed with the pressure to lead spectacular lives often leads to diffuse feelings of confusion depression and disorientation the designed self chronicles strenger s therapeutic encounters with five extraordinarily gifted young adults for whom the ideal of authenticity long associated with the baby boom generation was supplanted by the need to experiment endlessly with the self perpetual self experimentation constantly reinforced by the media came to encompass everything from career choice to hair color to body shape to gender identity in compelling clinical stories strenger introduces us to patients for whom the project of shaping the self had become a cultural imperative no less than an expression of individuality at once insightful and cautionary the designed self investigates how psychoanalysis must change if it is to claim cultural relevance and therapeutic effectiveness in the age of the designed self

now available in paper for the first time this classic text is about how an analyst analyzes rooted in the theory of psychoanalytic self psychology as put forth by heinz kohut and his colleagues treating the self focuses on the application of the self psychological concept of the psyche to the actual conduct of psychoanalytic treatment the result is not a how to approach but rather a volume that suggests a theory of treatment and offers guidelines for creative ways of thinking about therapy written by ernest wolf a close collaborator of heinz kohut this is a personal account of the process of self psychology presented by one of the foremost experts in the field

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